



Consultant Directory 2024



One Ashford Hospital, Kennington Road, Ashford TN24 0YS.

Contact 01233 423000

Email ashford.info@onehealthcare.co.uk **Visit** www.oneashfordhospital.co.uk

WHY CHOOSE ONE ASHFORD HOSPITAL?





- A modern, spacious, purpose built private hospital.
- Ideally located for patients in Ashford, Canterbury, Maidstone and surrounding areas.
- A choice of over 130 consultants.
- Fast access to wide range of surgical and non-surgical procedures.
- An exceptional team of staff offering the very best standard of care.
- Excellent track record in patient safety.
- Recognised by all the major medical insurance companies.
- Fixed price packages and payment plans for patients funding their own treatment.





In September 2023 One Healthcare which comprises of One Ashford Hospital and One Ashford Hospital joined the Phoenix Hospital Group (PHG).

Phoenix Hospital Group provides exceptional patient centred care through its state-of-the-art medical facilities, three of which are located within the Harley Street Medical Precinct in Central London and one of which is located in Chelmsford, Essex.

Our services

- | | | |
|---------------------------------------|--------------------|-------------------|
| • Audiology | • Endoscopy | • Pain management |
| • Cardiology | • Gastroenterology | • Physiotherapy |
| • Colorectal surgery | • General medicine | • Podiatry |
| • Cosmetic surgery | • General surgery | • Private GP |
| • Dermatology | • Gynaecology | • Respiratory |
| • Diagnostics (imaging and pathology) | • Maxillofacial | • Spinal |
| • Ear, nose and throat | • Neurology | • Thoracic |
| • Endocrinology | • Orthopaedics | • Urology |
| | • Paediatrics | • Women's health |

-  MRI, X-ray and ultrasound
-  8 outpatient consulting rooms
-  3 outpatient treatment suites
-  Physiotherapy suite

-  9 bedrooms for day care patients
-  3 operating theatres
-  20 luxury ensuite bedrooms for overnight care
-  Free, on-site parking



Inspected and rated

Good



REFERRALS TO ONE ASHFORD HOSPITAL

Self-pay Referrals

There are times when you may want to discuss self-pay options with your patients, particularly if they wish to be seen as soon as possible.

Our prices are competitive and patients can take advantage of a range of payment plans offered by Chrysalis Finance, allowing them to spread the cost of their treatment (terms and conditions apply. Subject to status).



Patients paying for their own treatment can choose to self-refer to One Ashford Hospital by calling our Reservations department to book an appointment with one of our consultants. The cost of the consultation will be given at the time of booking and patients requiring further treatment will receive a quote for their procedure. Please note that a GP referral letter may be required to ensure the correct pathway of care.

Insured Referrals

We are recognised by all major insurance companies and patients can use their insurance for the majority of services and treatments we offer – the process is very easy.

Patients should contact their provider to check their policy covers them and they will be given an authorisation code which will need to be provided for each appointment. Patients can tell their insurance provider they would like to be seen at One Ashford Hospital and can call us directly to book their consultation.

Diagnostics and treatment will be arranged if required. A GP referral letter is often needed to ensure the correct pathway of care is undertaken and patients will be referred back to their GP at the end of their care pathway.

NHS Referrals

We can offer your patients treatment for a range of conditions with shorter waiting times. Look out for **ONE ASHFORD HOSPITAL** through the e-Referral Service.

Your patients can make their appointment themselves under the **NHS Patient Choice Scheme** or **My Planned Care**.

Information for Referrers

In order to ensure patient safety, every referral will be risk assessed against the following criteria: age, BMI, comorbidities and current medical conditions. We cannot accept patients under the age of 18 years.

NHS services are delivered at the NHS tariff with no additional cost to patients or ICBs.

A GUIDE TO ONE ASHFORD HOSPITAL

Consultants, Treatments and Services

For further information on Consultant availability, please contact the hospital directly on 01233 423000.

CARDIOLOGY



Dr Idris Harding



All aspects of cardiology including cardiac arrhythmia, atrial fibrillation, atrial flutter, chest pain and dizziness.



Dr Intisar Mirza

All aspects of general cardiology including coronary disease, coronary angioplasty and stents, atrial fibrillation and heart rhythm disturbances.



Dr Steven White

All aspects of general cardiology. Subspecialty interests: imaging (echocardiography/CT/cardiac MRI - CMR); valvular heart disease; heart failure; inherited cardiac disease; coronary artery disease.

DIABETES AND ENDOCRINOLOGY



Dr Ling Ling Chuah

Obesity medicine, general internal medicine, diabetes and endocrinology.



Dr Jesse Kumar

Diabetes, thyroid disorders, adrenal, calcium, hypogonadism, weight management and general endocrinology.



Dr Siva Sivappriyan

Diabetes, general medicine, tiredness and fatigue, osteoporosis, weight problems and male and female hormonal disorders.

DERMATOLOGY



Dr Kurt Ayerst

General medical and surgical dermatology for adults and teens. Skin cancer assessment, diagnosis and surgical management as appropriate dermoscopy, skin and mole checks and general skin lesion removal medical dermatology assessment, management and treatment planning.



Dr Susannah Baron



General dermatology, acne, atopic eczema, mole check and removal, skin cancer, paediatric dermatology.



Dr Andrew Birnie



Skin cancer diagnosis and surgery, melanoma diagnosis and management, squamous cell carcinoma (SCC) surgery, basal cell carcinoma (BCC) surgery, skin surgery, dermatological surgery, skin flap repairs, skin graft repairs, general dermatology, actinic keratosis, mole check, acne, axillary hyperhidrosis.

EAR, NOSE AND THROAT (ENT)



Mr Ali Al-lami



Head and neck benign and cancer conditions, tonsillitis, hearing loss, sinus issues, blocked ear sensation, nasal blockage, snoring, disorders of the voice/throat, obstructive sleep apnoea, neck conditions including neck lumps, thyroid disease and salivary gland disease.



Mr Vikram Dhar



Adult and children's ear, nose and throat problems, voice disorders, parathyroid and thyroid surgery, head and neck surgery, paediatric ENT.



Mr Robert Hone



Adult ENT, laryngology, swallowing disorders, thyroid surgery, rhinology, hearing loss, tinnitus, paediatric ENT.



Ms Codruta Neumann



Adult otology, including surgery for problematic mastoid cavities, BAHA, tinnitus and dizziness, paediatric ENT.



Mr Henry Sharp



Adult ENT, rhinology and facial plastic surgery (including functional and cosmetic rhinoplasty), paediatric ENT.



Mr Christopher Theokli



ENT conditions including tonsillitis, glue ear, nasal blockage, sinus issues, hearing loss, tinnitus, dizziness. Sub-specialist interest in conditions that affect the throat, voice and neck lumps.








Mr Joseph Wasson







Adult general ENT, otology, hearing implant surgery, tinnitus, dizziness and balance.






GASTROENTEROLOGY

	Dr David Austin	Gastroscopy, colonoscopy, removal of polyps. Gastro-oesophageal reflux disease (GORD). Inflammatory bowel disease - Crohn's disease and colitis. Functional gastrointestinal disorders including irritable bowel syndrome (IBS). Coeliac disease. Abdominal pain, change in bowel habit, rectal bleeding, weight loss and anaemia.
	Mr Pradeep Basnyat	Colonoscopy, colorectal and general surgery, hernia repair surgery and laparoscopic surgery.
	Mr Sanjoy Basu	Upper GI endoscopy, disorder of the oesophagus and stomach, disease of the pancreas and gastroesophageal reflux disease.
	Dr Christopher Fox	Endoscopic upper and lower procedures, gastrointestinal disorders, IBD including coeliac, CIBH, GORD, PR bleeding, anaemia and biliary disease.
	Mr Gandra Harinath	Colonoscopy, colorectal and general surgery, hernia repair surgery and gallbladder surgery.
	Dr Phillip Mayhead	Endoscopic upper and lower procedures, oesophageal dilatation and stenting, duodenal and pyloric dilatation and stenting, endoscopic gallstone management, bowel cancer screening, polypectomy.






GENERAL SURGERY

	Mr Biju Aravind	Colorectal (excluding colonoscopy) and general surgery, hernia repair surgery, gallbladder removal and laparoscopic surgery.
	Mr Pradeep Basnyat	Colorectal and general surgery, lower endoscopic procedures, hernia repair, surgery and laparoscopic surgery.
	Mr Sanjoy Basu	Surgery for GORD, achalasia of oesophagus, peptic ulcer disease, gallbladder disease including stones in the common bile duct, hernias and abdominal reconstruction, bariatric surgery including bands, sleeve and bypass. Removal of skin lesions (cysts, lipoma, naevus).
	Mr Chinedu Chianakwalam	General and breast surgery, breast cancer, hernia surgery, sentinel node biopsy, oncotype testing, male breast cancer and lumps and bumps.


GENERAL SURGERY

	Mr Gandra Harinath	Colorectal and general surgery, hernia repair surgery, gallbladder surgery, IBD and lower endoscopic procedures
	Mr Ankur Shah	General surgery, hernia repair surgery, gallbladder removal, appendectomy and laparoscopic surgery.
	Mr Ashish Shrestha	Colorectal surgery, gallbladder surgery and hernia surgery.

GYNAECOLOGY

	Mr Martin Farrugia	Hysteroscopic and laparoscopic (keyhole) surgery. Menstrual irregularities, abnormal uterine bleeding, fibroids, endometriosis, congenital uterine anomalies, adenomyosis, chronic pelvic pain.
	Mr Godswill Etokowo	Laparoscopy gynaecology surgery and pelvic pain.
 	Mr Abhijeet Shah	Laparoscopic surgery, management of menstrual disorders, colposcopy, hysteroscopy, hysterectomy, endometrial surgery and general gynaecology.
	Miss Zoe Woodward	General gynaecology, menstrual disorders, colposcopy, minimal access/ invasive surgery and pelvic pain.




MAXILLOFACIAL

	Mr Raghuram Boyapati	Facial infections, head and neck cancers, facial pain, jaw problems.
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ORTHOPAEDICS (HIP AND KNEE)

	Mr Alex Chipperfield	Hip and knee replacement, arthroscopic procedures including ACL reconstruction, PRP injections and soft tissue injuries.
	Mr William Dunnet	Hip and knee replacement, arthroscopic procedures including ACL reconstruction.
	Mr Philip Housden	Early adult hip arthritis, knee arthroscopy and partial and total knee replacement.
	Mr Rohit Jain	Hip and knee replacement and revision surgery, PRP injections, arthroscopic procedures, chondroplasty, steroid injections and sports injuries.
	Mr Chan Jeer	Knee surgery including arthroscopy, sports medicine, ACL reconstruction, Monovisc injections and total knee replacement.
 	Mr Mark Jones	Knee surgery including arthroscopy, sports knee injuries, ACL reconstruction, total knee replacement.
	Mr Matthew Oliver	General orthopaedic surgery and disorders of the hip and knee.
	Mr Tofunmi Oni	Hip and knee replacement, meniscal repair surgery, knee arthroscopy, hip injections, knee injuries.
	Mr Nimesh Patel	Total hip replacement, total knee replacement, partial knee replacement, osteotomy, knee arthroscopy, trauma surgery, hip fractures, revision hip and knee surgery.
	Mr Richard Slack	Hip and knee replacement surgery and complex hip revision surgery.



ORTHOPAEDICS (HIP AND KNEE)

	Mr Raman Thakur	General orthopaedic surgery of the hips and knees, including replacement surgery, arthroscopic procedures, PRP injections, patella stabilisation, chondroplasty and sports injuries.
	Mr Helmut Zahn	Hip and knee replacement surgery and revision surgery, arthroscopic procedures including ACL reconstruction and PRP injections.
	Mr Omar Yanni	Hip replacements.




ORTHOPAEDICS (SPINAL)

	Mr Steven Lau	Degenerative conditions of the cervical, thoracic and lumbar spine, including the sacrum, coccyx and sacroiliac joints. Decompression, discectomies, fusions, inter body fusions, dynamic stabilisations, kyphoplasty and sacroiliac fusions in addition to all spinal injections (denervation) for both acute and chronic back pain and sciatica.
	Mr Omar Mohamed	Degenerative lumbar conditions and treatment, including facet joint injections, kyphoplasty, spinal decompression, lumbar discectomy, spinal fusion surgery, nerve root blocks, radiofrequency denervation and revision discectomy.
	Mr Omar Yanni	Degenerative lumbar conditions, including degenerative disc disease, spinal stenosis, low back pain, acute chronic pain management, epidural and facet joint injections, hip and knee replacements.






ORTHOPAEDICS (HAND AND WRIST)

	Mr Christopher James	Hand and wrist surgery, open and laparoscopic arthroscopic techniques, carpal tunnel, trigger finger release, excision of ganglion and Dupuytren's contracture.
	Mr Andrew Smith	Hand and wrist surgery, trigger finger release, carpal tunnel decompression, excision of ganglion and Dupuytren's contracture.







ORTHOPAEDICS (FOOT AND ANKLE)

	Mr Baljinder Dhinsa	Ankle arthroscopy, ankle fusion, sports injuries, Achilles repair, ankle ligament reconstruction, ganglion, ankle cartilage procedures, flat foot reconstruction, arthritis of ankle, midfoot and forefoot procedures, Morton's neuroma, plantar fasciitis, hallux valgus, bunionette correction, hammer toes, claw toes, curly toes and hallux rigidus.
	Mr Luc Louette	General foot and ankle surgery, lower limb arthroplasty and diabetic foot problems.
	Mr Crispin Southgate	General foot and ankle surgery, ankle arthritis, sports injury and soft tissue injuries.

ORTHOPAEDICS (SHOULDER AND ELBOW)

 	Mr Nik Bakti	Upper limb surgery including open arthroscopic procedures, rotator cuff surgery, tendon repairs, shoulder joint replacement surgery, shoulder injections, nerve decompression, elbow joint replacement surgery, elbow arthroscopy and fracture treatments.
	Mr Paolo Consigliere	Upper limb surgery including open arthroscopic procedures, rotator cuff surgery, tendon repairs, shoulder joint replacement surgery, shoulder injections, nerve decompression, elbow joint replacement surgery, elbow arthroscopy and fracture treatments.
 	Mr Jai Relwani	Upper limb surgery including open arthroscopic procedures, rotator cuff surgery, tendon repairs, shoulder joint replacement surgery, shoulder injections, nerve decompression, elbow joint replacement surgery, elbow arthroscopy and fracture treatments.

PAEDIATRICS

 	Dr Vinit Shah	General paediatric conditions, tongue tie and paediatric cardiology.
 	Dr Ameen Siddiqui	General paediatric conditions, epilepsy and neurology.
 	Dr Ola Smith	General paediatrics, neonatology respiratory disorders and allergies.

PAIN MANAGEMENT



Dr Neil Collighan

Acute/chronic pain management, epidural and facet injections.



Dr Athmaja Thottungal

Pain management (acute, chronic and cancer pain), lifestyle medicine (diabetes, long covid, women wellness).

PLASTIC SURGERY AND NON-SURGICAL PROCEDURES



Mr John Davison

Abdominoplasty and liposuction, breast, cosmetic and reconstructive surgery, blepharoplasty, labiaplasty, rhinoplasty and facelift.



Miss Anita Hazari

Abdominoplasty, breast, cosmetic and reconstructive surgery, blepharoplasty, liposuction, labiaplasty, arm and thigh lift.

PODIATRIC SURGERY



Mrs Carol Selth



Hallux valgus, hallux rigidus, Morton's neuromas, digital surgery, exostectomies (excision of bony lumps), soft tissue surgery, excision of skin lesions, heel pain, surgery for ingrowing toenails, injection therapy.

RESPIRATORY



Dr Ramin Baghai-Ravary

General medicine and respiratory medicine, including spirometry and bronchoscopy.



Dr Ravish Mankragod

General medicine and respiratory medicine.



RHEUMATOLOGY



Dr Fahran Bari

General rheumatology, inflammatory disorders, connective tissue diseases, autoimmune conditions, osteoporosis and arthritis.



Dr Phillip Bull

Joint hypermobility and general rheumatology, sports injuries and fibromyalgia and soft tissue rheumatism.



Dr Abdul Khan

General rheumatology, fibromyalgia, inflammatory disorders, connective tissue disorders, back pain, gout, osteoporosis and osteoarthritis, pain management and back pain.

UROLOGY



Mr Ben Eddy

Andrology, kidney and bladder cancer, prostate disease including prostate cancer and benign conditions, stone disease, vasectomy and general urology.



Mr Roy Isworth

General urology, bladder investigation (cystoscopy), circumcision, vasectomy, prostate disorders and urethral stricture surgery.



Mr Rajeshwar Krishnan



Urethral stricture reconstruction, penile surgery, and general urology.



Mr Edward Streeter

Bladder, prostate disorders including cancer, active surveillance, bladder disorders and general urology.



Mr Milan Thomas

Cancer diagnostics and treatment including bladder, kidney, prostate and testicles, urinary problems, men's health and vasectomy.

WOMEN'S HEALTH



Ms Lexie Minter

Independent nurse prescriber with a special interest in hormone health, perimenopause, menopause and post-menopause.

USEFUL CONTACT INFORMATION

TELEPHONE NUMBERS

Main hospital	01233 423000
Reservations / bookings	01233 423249
Private practice team	01233 423241
Outpatients	01233 423279
Theatres	01233 423284
Ward	01233 423258
Diagnostics and imaging	01233 423269
Physiotherapy department	01233 423260

EMAIL ADDRESSES

NHS enquires / referrals	kmicb.reservations@nhs.net
Reservations / bookings	reservations@onehealthcare.co.uk
Diagnostics and imaging	imaging@onehealthcare.co.uk

IMAGING AT ONE ASHFORD HOSPITAL

One Ashford Hospital has a specialist imaging department, staffed by a friendly team of professional radiographers, providing the following services:

- Magnetic Resonance Imaging (MRI)
- Ultrasound
- X-Ray Examinations

As a GP, you can refer directly to our imaging department for self-funding patients, although those using their private health insurance will need to see a Consultant beforehand who will then refer the patient for the recommended tests..

Our waiting times are minimal and private patients are likely to be seen within 48 hours, with results available within 2 working days.

For further information, contact our imaging department on 01233 423000 or email oneashford.imagingdepartment@nhs.net

Treatment	Guide price
MRI scan	from £420
Ultrasound	from £250
X-ray	from £120



PHYSIOTHERAPY AT ONE ASHFORD HOSPITAL

The One Ashford physiotherapy department consists of highly experienced chartered physiotherapists and hand therapists with over 90 years' combined experience.

Our team offer outpatient physiotherapy assessments and treatments for a variety of conditions including:

- Neck and back pain
- Nerve pain
- Arthritis
- Sports injuries
- Women's health
- Rehabilitation
- Hand therapy
- Shockwave therapy
- Kinesiology taping

one Physiotherapy
& Sports Injury Clinic

Our team will assess, diagnose and treat conditions using a holistic approach encompassing education and support, the latest equipment, techniques and evidence based on best practice so that our patients can swiftly return to their normal activities, work or sport.

Anyone can access physiotherapy at One Ashford Hospital simply by calling 01233 423000 and requesting an appointment. One Ashford Hospital is also recognised by all major private medical insurance companies.

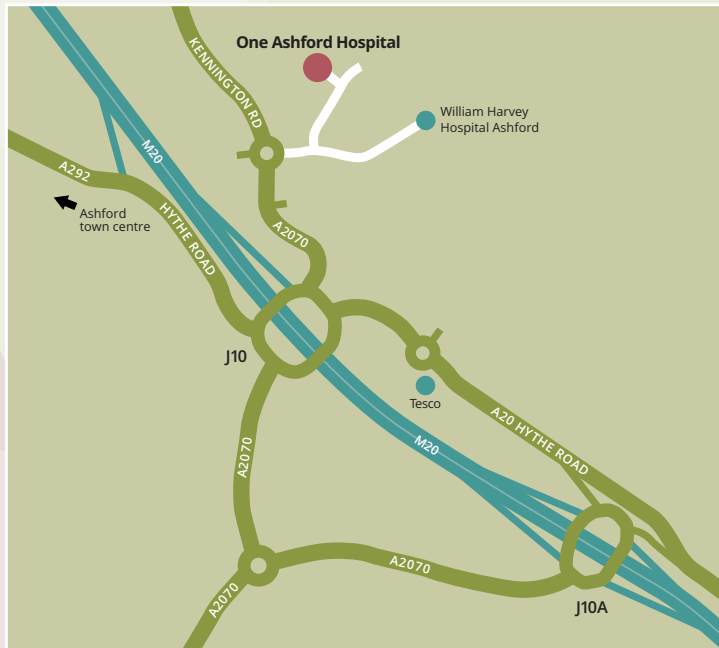
Physiotherapy	Guide price
Initial consultation	£55
Follow-up appointment	£45

Women's health	Guide price
Initial consultation	£65
Follow-up appointment	£45

Prices are correct at time of printing.



How to find us



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Phoenix Hospital Group Locations

One Hatfield Hospital
(Hertfordshire)

9 Harley Street
25 Harley Street
Weymouth Street
Hospital
(London)



Phoenix Hospital
Chelmsford
(Essex)

One Ashford Hospital
(Kent)