

Here to help you get life back on track

It's certainly been busy here at One Hatfield Hospital. We've seen a sharp increase in the number of patients using their insurance in recent months, and patients without insurance are choosing to pay for treatment. Many patients are taking advantage of the payment options we offer to spread the cost of treatment.

Claire Armstrong, Hospital Director, said *"We are still working with nearby NHS hospitals to help them work through their waiting lists that increased so dramatically during the pandemic and this will continue. Alongside this important area of our work our services for private patients now either match or have overtaken pre-Covid levels. I am hugely proud of our passionate, ever-expanding staff team for their dedication and commitment to meet this high demand while maintaining the very best standard of care to our patients at all times."*

We are pleased to have introduced new services and have also increased the capacity and scope of some of our existing services. A list of all the services offered by our specialist consultants is on the back page and more information about the treatments they provide is available on our website.

Please don't hesitate to call our friendly reservations team on 01707 44 33 33 if you have any questions about our services, or for more information about payment options.

"The facilities and the catering team were outstanding and we will try to get all of our future appointments at the One Hatfield from now on."



FREE Mini Consultations

Our popular FREE 10 minute consultations enable patients to meet with our consultants for an initial discussion and guidance. Patients are under no obligation to proceed with any treatment discussed but, if they wish to, they would require a full consultation.

6 – 7.30pm	20th Sep	Cosmetic Surgery	Mr Miles Dickson
6.30 – 8pm	22nd Sep	Hip and Knee	Mr Tarique Parwez
6 – 7.30pm	28th Sep	Foot and Ankle	Mr Simon Mordecai
6.30 – 8pm	12th Oct	Shoulder and Elbow	Mr Angelos Assiotis
10 – 11.30am	13th Oct	Hernia and Gallbladder	Mr Hamish Hamilton
6 – 7.30pm	18th Oct	Back and Neck	Mr Tamer Sherief
6 – 7.30pm	25th Oct	Cosmetic Surgery	Mr Hyder Ridha
6 – 7.30pm	16th Nov	Hip and Knee	Mr Ben Spiegelberg
6 – 7.30pm	17th Nov	Cosmetic Surgery	Mr S Papanastasiou

To book your Mini Consultation or to sign up to our patient bulletin for news of further patient events, please visit our patient event page at www.onehatfieldhospital.co.uk

Our private GP service

Our team of GPs are available throughout the week including evenings and Saturdays, offering face-to-face appointment times to suit you. Appointments last approximately 20 minutes, allowing you enough time to discuss your health concerns in detail, without feeling pressured or rushed.

You can see one of our GPs to discuss any health concern including treatment of minor illnesses and conditions and ongoing medical care and management of chronic illnesses. Our GPs can provide family planning advice, order blood

and urine tests and issue private prescriptions. If required, they can refer you to our imaging team for diagnostics, or on to any of our specialist consultants.

Appointments cost £90.

Health check packages are also available:

Healthy heart **£400**

Well man **£475**

Well woman **£475**

Health check 360 **£475**

Visit our website or call us today for more details.

See our leading orthopaedic consultants

Our team of leading consultants specialise in:

- **foot and ankle** • **shoulder and elbow**
- **hand and wrist** • **pain management**
- **hip and knee** • **back and neck**

We are proud to offer:

- Minimal waiting time for an initial appointment
- Direct referral to MRI, CT scan, X-ray and ultrasound
- Treatment covered by all major insurance companies
- Self-pay, fixed price packages (payment options available)*



*Terms and conditions apply. Acceptance subject to credit status.

Fast access to scans

One Hatfield Hospital's imaging suite offers fast access to digital X-ray, wide MRI, CT scanning and ultrasound.

Why One Hatfield Hospital?

- Relaxed, calming and comfortable environment
- Fast access and convenient appointment times
- Images reported by specialist consultant radiologists
- Rapid results, usually within 48 hours

MRI **from £405**
Ultrasound **from £245**
X-ray **from £125**
CT scanning **from £495**



Specialist gynaecologists

Our team of excellent consultant gynaecologists can help with:

- General gynaecology
- Endometriosis
- Menopause and HRT
- Recurrent miscarriage
- Urinary concerns

Colposcopy is available for further investigation following abnormal cervical screening.



Children and Young Persons Unit

Our dedicated unit offers treatments covering all aspects of paediatric care including:

- ADHD and autism assessment
- Allergy testing
- Asthma and other respiratory problems
- Dermatology
- Ear, nose and throat problems
- Gastroenterology
- Hearing assessments
- Orthopaedics and physiotherapy
- Urology



Surgery for long term weight loss and major health benefits

There are a range of options to help you achieve substantial and long-term weight loss and transform your life. Weight loss surgery, also known as bariatric surgery, can be an option for patients with conditions that could improve through weight loss, such as high blood pressure, diabetes and high cholesterol. Patients who have a body mass index of greater than 40 may also be recommended surgery if they have been unable to achieve a healthy weight loss through exercise and diet. Losing just 10kg can help reduce the risks of many illnesses including stroke, heart disease, cancer, blood clots and arthritis, and may help you live a longer and better-quality life.

What used to be known as 'stomach stapling' has been replaced by more advanced and effective keyhole procedures that see better results and have fewer complications. All options work by limiting the amount you can eat before feeling full. Our specialist consultants can advise which approach will be most suited to you.

Gastric band surgery, also known as lap banding, is a reversible procedure. A band is placed around

the top of the stomach to create a small pouch, which means that you will feel full more quickly. Adjustments to the gastric band are made until the right level of restriction is achieved.

Gastric bypass surgery is a reversible procedure that restricts the amount of food you eat, reduces the number of calories that you absorb from food, and reduces hunger. The stomach is divided into two parts, creating a small stomach pouch. Food passes out of this pouch, bypassing the rest of the stomach and the first part of the small intestine. It is one of the most effective and durable weight loss procedures.

Gastric sleeve surgery, also known as a gastrectomy, permanently removes a large portion of the stomach, leaving behind a smaller 'sleeve'. Portion sizes are reduced, and patients feel less hunger. The way the stomach functions however remains unaltered, and food passes out of the stomach as normal into the rest of the intestine.

A **gastric balloon** is a non-surgical, short-term option. The balloon restricts the amount of food you can eat by taking up space inside



Mr Munasinghe



Mr Jambulingam

your stomach. It allows you to get used to having smaller food portions so when the balloon is removed you will hopefully continue with your newly trained eating patterns.

Mr Aruna Munasinghe, Consultant Upper GI and Bariatric Surgeon, and Mr P S Jambulingam, Consultant Upper GI and Bariatric Surgeon, have regular clinics at One Hatfield Hospital. Call us today to make an appointment for an assessment to determine your suitability for bariatric surgery.

ENT specialists

Our specialist ENT consultants can assess problems with your ears, nose or throat, diagnose your condition and offer a range of surgical and non-surgical treatments.

- Earwax microsuction
- Hearing loss management
- Tonsillectomy
- Adenoidectomy
- Grommet insertion
- Thyroidectomy
- Endoscopic sinus surgery
- Perforated eardrum repair
- Snoring and sleep apnoea

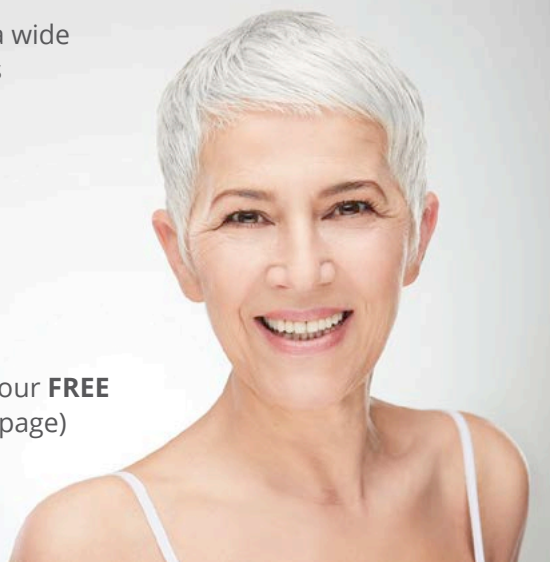


Considering cosmetic surgery?

One Hatfield Hospital offers a wide range of cosmetic treatments including (but not limited to):

- Breast surgery
- Nose reshaping
- Tummy tuck
- Eye rejuvenation
- Facelift

Why not pop along to one of our **FREE** mini consultations (see front page) to find out more about a procedure and discuss your suitability?



Why choose One Hatfield Hospital?



We offer quick access to initial appointments and diagnostic investigations and minimal waiting time for surgical and non-surgical treatments and procedures.

Our clean air operating theatres provide the very best environment to keep you safe and free from infection and, if you need to stay with us overnight, you can enjoy one of our luxury ensuite bedrooms.

Private medical insurance?

We are recognised by all major insurers. Patients often don't realise that the cost of their treatment is covered by their private health insurance policy but instead find themselves waiting for months on an NHS waiting list. If you have private health insurance, either through work or a policy you have taken out yourself, it is always worth checking to see if you are covered.

Paying for your own treatment?

You don't have to have private health insurance to receive treatment at One Hatfield Hospital, you can choose to pay for your treatment. Many patients choose to fund surgical procedures to avoid waiting times, others may just come to us for scans and diagnostics.

We offer competitive fixed price packages:

Hip replacement	£12,495
Knee replacement	£12,250
Rotator cuff repair	£6,750
Gallbladder removal	£5,850
Colonoscopy	£2,100

Guide prices for scans, diagnostics and many common procedures can be found on our website www.onehatfieldhospital.co.uk/prices.

If splitting the cost of your treatment would help, we offer a range of payment options. You can split the cost of any treatment over a 12 month period without paying any interest, or if you would like to manage the cost over a longer period of time that's possible too. For example, over 60 months, carpal tunnel release surgery will cost £53 a month and hernia repair surgery (inguinal) will cost £66 a month. (Terms and conditions apply. Acceptance subject to credit status).

For further information, just call our reservations team on 01707 44 33 33.

Keeping our patients safe at all times

Patient safety and quality of care are at the centre of everything we do. We are rated GOOD by the Care Quality Commission for services that are safe, effective, caring and well-led.

To ensure the continued safety of our patients, and to remain a COVID-19 secure hospital, protective measures are still in place.



Our specialist consultants offer

- Audiology
- Bariatric surgery
- Cardiology
- Colorectal surgery
- Cosmetic surgery
- Dermatology
- Ear, nose and throat
- Elderly care
- Endocrinology (diabetes, thyroid, hormone imbalance, osteoporosis)
- Endoscopy
- Gastroenterology
- General medicine
- General surgery
- Gynaecology
- Imaging and diagnostics
- Mental health and wellness
- Neurophysiology
- Orthopaedics
- Oral and maxillofacial
- Paediatrics
- Pain management
- Private GP services
- Physiotherapy
- Podiatry
- Renal services
- Respiratory
- Rheumatology
- Spinal surgery
- Urology
- Vascular surgery

Read more patient reviews on independent review site

[iWantGreatCare](https://www.iwantgreatcare.co.uk)

"I received great service from all who cared for me during my stay, they made me feel welcome and very comfortable. What a lovely team at One Hatfield Hospital. A big thank you!"

"I would like to say a massive thank you to everyone. I was very nervous as I'd not had any medical treatment before and everyone made me feel so comfortable."

One Hatfield Hospital

Hatfield Avenue, Hatfield Business Park, Hatfield AL10 9UA.

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