

## We're helping the NHS and we're here for our private patients too!

There's no doubt this last year has been a challenging time for all healthcare providers. While the **standard** of care across all sectors remains high, **access** to care for NHS and private patients alike has been impacted. As we welcome in a new year we are optimistic that we will see the start of a return to normality, providing you with access to the healthcare you need, when you need it.

We will continue to provide support to the Lister Hospital, as we have done throughout the Covid-19

pandemic. So far we have provided urgent surgery and diagnostic investigations to over 2500 NHS patients who would have otherwise had to wait.

Andy Wood, Hospital and Managing Director, said "The pressure our NHS is under at the moment is unprecedented and we will continue to work with them by providing additional capacity to ease patient waiting lists for as long as it is needed. As well as treating NHS patients already on waiting lists, we are pleased we can once again

accept referrals from new NHS patients, enabling any patients referred for orthopaedic treatment by their GP to choose to come to One Hatfield."

Alongside our work to support the NHS, we continue to welcome patients who have private health insurance or who wish to pay for their own treatment. Over 100 consultants from a broad range of specialisms offer private clinics at One Hatfield Hospital, providing comprehensive and fast access to diagnostic investigations and surgical and non-surgical treatments and procedures.

### FREE mini consultations

Our FREE 10 minute consultations give you the opportunity to meet with our consultants to find out more about your prospective procedure, assess your suitability and address any concerns without any obligation to go ahead.

JAN	28th	18.00-19.00	Back & Neck	Mr Mohamed Ahmed
	9th	10.00-11.00	Hernias	Mr Shashank Gurjar
FEB	10th	18.00-19.30	Cosmetic Surgery	Mr Hyder Ridha
	23rd	18.00-19.00	Hand & Wrist	Mr Frederik Schreuder
MAR	1st	10.00-11.00	Hearing Concerns	Mr Ananth Vijendren
	5th	14.00-16.00	Cosmetic Surgery	Mr Justin Chatterjee
	9th	18.30-19.30	Hip & Knee	Mr Stephen Tai
	10th	10.00-11.00	Hernias & Gallbladders	Mr Hamish Hamilton
	11th	17.30-18.30	Shoulder & Elbow	Mr Harpal Uppal
APR	13th	18.30-20.00	Cosmetic Surgery	Mr Alok Misra
	15th	18.00-19.30	Back & Neck	Mr Sajjad Mushtaq
MAY	12th	18.00-19.00	Neck Pain & Headaches	Dr Johann Emmanuel
	17th	18.00-19.30	Cosmetic Surgery	Mr S Papanastasiou

To book your place, or to sign up to our patient bulletin for event news, please visit our patient event page at [www.onehatfieldhospital.co.uk](http://www.onehatfieldhospital.co.uk)

Consultations will be at One Hatfield Hospital, face to face, but in the event of any COVID-19 restrictions, telephone consultations or an alternative date will be offered.

Following your mini consultation you will usually require a full consultation should you wish to proceed with treatment.

### Paying for your own treatment?

Private patients who do not have health insurance can pay for their own treatment and we offer a range of financial packages to help. You can split the cost of any treatment over a 12 month period without paying any interest at all. If you would like to split the cost over a longer period of time that's possible too.\*

Guide prices for many common procedures can be found at [www.onehatfieldhospital.co.uk/prices](http://www.onehatfieldhospital.co.uk/prices)

#### Fixed price packages

Knee replacement **£12,000**  
 Hip replacement **£11,500**  
 Gallbladder removal **£5,500**  
 Hernia repair **£2,500**

Contact our self-pay department on 01707 818 914 or email [hatfield.selfpay@onehealthcare.co.uk](mailto:hatfield.selfpay@onehealthcare.co.uk) for further details.

\*Terms and conditions apply. Subject to availability. Subject to status.

# Why Choose One Hatfield Hospital?



One Hatfield Hospital is a modern, purpose built private hospital offering a wide range of treatments and procedures. Our clean air operating theatres provide the very best environment to keep you safe and free from infection and, if you need to stay with us overnight, you can enjoy one of our luxury ensuite bedrooms.

We are on Hatfield Business Park just a short distance from the A1(M), ideally located for patients in North London and throughout Hertfordshire.

Patient safety and quality of care are at the centre of everything we do. We are proud to be rated **GOOD** by the Care Quality Commission for services that are safe, effective, caring and well-led.



## ENT specialists

Our specialist ENT consultants are on hand to assess problems with your ears, nose or throat, diagnose your condition and offer a range of surgical and non-surgical treatments.

- Earwax microsuction
- Hearing tests
- Hearing loss management
- Tonsillectomy
- Adenoidectomy
- Grommet insertion
- Thyroidectomy
- Endoscopic sinus surgery
- Perforated eardrum repair
- Snoring and sleep apnoea

## COVID-19 secure

To ensure the continued safety of our patients, and to remain a COVID-19 secure hospital, protective measures remain in place. At the time of printing, this includes restrictions on visitors or anyone accompanying patients to appointments, face coverings must

be worn at all times, and hand sanitiser should be used regularly. Patients admitted for treatment will be Covid-19 tested at least 72 hours prior to admission.

Please visit our website for the very latest information on the safety measures we have in place.

## Considering cosmetic surgery?

One Hatfield Hospital offers a wide range of cosmetic treatments including (but not limited to):

- **Breast surgery**
- **Nose reshaping**
- **Tummy tuck**
- **Eye bag removal**
- **Facelift**

Why not pop along to one of our **FREE** mini consultations (see front page) to find out more about your procedure?

Wherever possible, our highly-experienced Cosmetic Surgeons endeavour to ensure that treatments are minimally invasive in order to keep your recovery time to a minimum. Some cosmetic procedures can be carried out on a day case basis, meaning you can go home the same day as your surgery.



## Get back on track with our physiotherapy team

Our dedicated, highly experienced physiotherapy and sports injury team are available to treat neck and back pain, nerve pain, arthritis, bursitis, posture problems, sprains, sport and workplace injuries, plus many more.

Should you require treatment beyond physiotherapy the team have direct access to imaging and a range of specialist consultants.

The care, advice and guidance you receive will be tailored to fit your individual needs and help you along your road to recovery.

### Initial appointment

45 minutes    £48

### Follow up appointment

30 minutes    £42

### Sports massage

30 minutes    £30

60 minutes    £50

90 minutes    £60

### Shockwave therapy

Fast and effective non-invasive treatment that works alongside the body's natural healing process.

1 session    £100

3 sessions    £275



**one** Physiotherapy  
& Sports Injury Clinic



# Private healthcare for the whole family

At One Hatfield Hospital we believe children and young people deserve

exceptional care. We are delighted to be able to provide a Children and Young Person's Unit to support our younger patients and their families throughout Hertfordshire, Bedfordshire, North London and beyond.

Our highly-experienced consultant paediatricians and specialist consultants offer treatments to cover all aspects of paediatric care including, but not limited to:

- ADHD and autism assessment
- Allergy testing
- Asthma and other respiratory problems
- Cardiology
- Circumcision
- Dental extractions

- Development delay
- Dermatology including skin rashes, lumps and bumps
- Earwax micro suction
- Ear, nose and throat problems, including tonsillectomy, adenoidectomy and grommet insertion
- Epilepsy
- Gastrointestinal problems
- Hearing tests
- Motor disorders
- Orthopaedic conditions
- Sleep disorders
- Urological problems

Our consultant paediatric and specialist consultants hold regular outpatient clinics at One Hatfield Hospital. Call our reservations team to book an appointment.

We also offer GP appointments, X-ray, MRI and ultrasound.



Louise Higgins, One Hatfield Hospital's new Paediatric Lead, joins a team of paediatric nurses with a vast amount of knowledge and experience gained within the NHS and in private practice.

Louise is passionate about listening to our younger patients, encouraging them to talk about how they are feeling, and easing any anxieties they may have.

*"Not everyone can easily get across how they feel, maybe due to communication or learning difficulties, or simply because they are too young to be able to express their needs. I want to make sure every child and young person, and their parent or guardian, have the best possible experience at One Hatfield Hospital by making sure it is fun for the younger children, dignified and not too daunting for the older children, and as straight forward and stress-free as possible for their parents."*

## Fast access to scans

One Hatfield Hospital's imaging suite offers fast access to digital X-ray, wide bore MRI, CT scanning and ultrasound.

### Why One Hatfield Hospital?

- Relaxed, calming and comfortable environment
- Fast access and convenient appointment times
- Images reported by specialist consultant radiologists
- Rapid results, usually within 48 hours

<b>MRI</b>	<b>from £405</b>
<b>Ultrasound</b>	<b>from £245</b>
<b>X-ray</b>	<b>from £125</b>
<b>CT scanning</b>	<b>from £495</b>



*"All staff were welcoming, helpful and efficient and the hospital facilities are excellent. I felt completely safe and well cared for (in COVID times!)"*

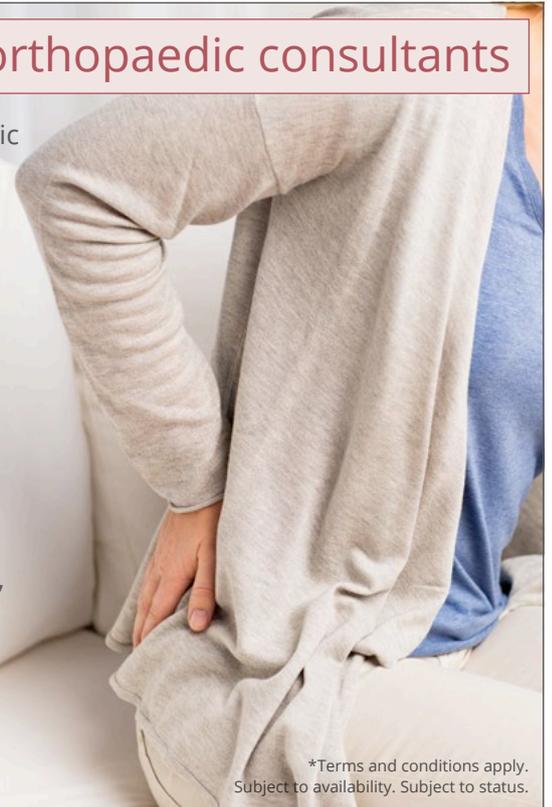
## See our leading orthopaedic consultants

Our team of leading orthopaedic consultants specialise in:

- **foot and ankle**
- **hand and wrist**
- **shoulder and elbow**
- **hip and knee**
- **back and neck**
- **pain management**

We are proud to offer:

- Minimal waiting time for an initial appointment
- Direct referral to MRI, CT scan, X-ray and ultrasound
- Treatment covered by all major insurance companies
- Self-pay, fixed price packages (finance options available)\*



\*Terms and conditions apply. Subject to availability. Subject to status.

# Private medical insurance?

Patients often don't realise that the cost of their treatment is covered by their private health insurance policy but instead find themselves waiting for months on an NHS waiting list.

If you have private health insurance (through work or a policy you have taken out yourself), it is worth checking to see if you are covered.

Four easy steps to making a claim:

- 1 Visit your GP to discuss your symptoms and tell them you have private health insurance.

## Specialist gynaecologists

Our team of excellent Consultant gynaecologists can help with:

- General gynaecology
- Endometriosis
- Menopause and HRT
- Recurrent miscarriage
- Urinary concerns

Colposcopy is available for further investigation following abnormal cervical screening.



- 2 Ask for a referral to see a specialist at One Hatfield Hospital to identify the treatment you may require.
- 3 Call your insurance company after you have seen your GP to discuss your referral and obtain authorisation.
- 4 Contact us to arrange an appointment (your insurance company may do this on your behalf).

## See a GP at a time that suits you

Our team of private GPs are on hand throughout the week, including evenings and Saturdays, offering face-to-face appointment times to suit you.

- Easy access to our specialist consultants
- General medical checks
- Referrals for further investigations if needed
- Private prescriptions
- Blood tests

£90 for a 20-minute appointment



## Our services

- Audiology
- Cardiology
- Colorectal surgery
- Cosmetic surgery
- Dermatology
- Ear, nose and throat
- Elderly care
- Endocrinology (diabetes, thyroid, hormone imbalance, osteoporosis)
- Endoscopy
- Gastroenterology
- Gender reassignment
- General surgery
- Gynaecology
- Imaging and diagnostics
- Mental health and well-being
- Neurology
- Neurophysiology
- Orthopaedics
- Oral and maxillofacial
- Paediatrics
- Pain management
- Private GP services
- Physiotherapy
- Podiatry
- Renal services
- Respiratory
- Rheumatology
- Spinal surgery
- Urology
- Vascular surgery

*"The elective surgery was excellent and I am incredibly happy with the entire process from beginning to end. Everything was fully explained to me, I was comfortable during my stay, the staff were always there for me if I needed anything and the aftercare is wonderful. I have no complaints at all about my experience and cannot thank everyone there enough for their truly amazing care and kindness."*

Don't just take our word for it, read more patient reviews on independent review site [iWantGreatCare](https://www.iWantGreatCare.com)



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